

**We help with life
behind the scenes**



**FILM+TV
CHARITY**

**Don't hide your talent.
Give us a call on 0800 054 00 00**

From accidents to rent arrears, advice on mental health to information about bullying, we know that problems can happen at any time. We're here for you, day or night.

If you work behind the scenes in the film, TV or cinema industry, our **24/7 Support Line** is free, confidential, and your route to the support you may need:

- Our trained Support Line team will listen to you and can offer practical guidance, counselling, legal advice and referrals to our **Work & Wellbeing Advisors** for support over three to six months to help you find a way forward.
- Use our **Bullying, Racism and Harassment Advice Service**, just part of our work to build a kinder industry with community at its heart.
- If you're facing urgent or unexpected expenses, we may be able to provide a one-off **Support Grant** to help get you through.

Speak to someone today.

Call **0800 054 00 00**, visit filmtvcharity.org.uk or send us a message [@filmtvcharity](https://twitter.com/filmtvcharity)

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